

**Seattle Life Chiropractic
Massage Health History Intake Form**

Client's Personal Information

Name:	DOB:
Address:	City/State/Zip:
Cell Phone:	Home Phone:
Social Security:	
Occupation/Employer:	Work Phone:
Emergency Contact:	Emergency Contact Phone:
Primary Care Provider:	Primary Care Provider Phone:
Email:	Referred by:

Client's Previous History

(Please fill in all that apply)

Surgeries: _____
Injuries/Accidents (Still affecting you) _____
Major Illnesses or other Hospitalizations _____

Client's Health History

(Please mark any that you have now or have had and provide any necessary clarifications)

- High or Low Blood Pressure _____
- Heart Condition _____
- Blood Clots _____
- Varicose Veins _____
- Allergies _____
- Sleep Disorders _____
- Prolonged episodes of depression _____
- Diabetes (If yes, how is it controlled?) _____
- Chronic Pain _____
- Arthritis _____
- Cancer/Tumors _____
- Any other medical condition that I should be aware of: _____

(Please Mark those that apply for **TODAY**)

- Contact Lenses/Hard or Soft _____
- Dentures _____
- Hearing Aids _____

Please List current medications (including aspirin, ibuprofen, herbal remedies, etc.) _____

Massage History

Have you ever received a professional massage? ____ If yes, frequency? _____

What results do you want from these sessions? _____

List any forms of stress reduction and/or exercise and frequency? _____

I understand that my massage therapist must be aware of any existing physical conditions that I have, I have listed all known medical and physical conditions and limitations and will inform Seattle Life Chiropractic in writing of any change in my physical health. I understand that my massage therapist neither diagnosis illnesses, diseases, or any other medical, physical, or emotional disorder nor performs any spinal manipulations. I am responsible for consulting a qualified physician for any physical ailment that I have.

I also understand that Seattle Life Chiropractic reserves the right to stop the massage at any time if deemed necessary by my massage therapist and will also be responsible for paying for this session.

Signature: _____

Date: _____

Medical release

It is my choice to receive massage therapy. I realize the treatment is being given to me for the well-being of my body and mind. This includes stress reduction, relief from muscular tension, spasm or pain, or for increasing circulation and energy flow.

I agree to communicate with my practitioner any time I feel like my well-being is being compromised. I understand massage practitioners do not diagnose illness, disease or any other form of physical or mental disorder. Nor do they prescribe medical treatment, pharmaceuticals, or perform spinal thrust manipulations.

I acknowledge massage is not a substitute for medical examination or diagnoses and it is recommended I see a primary health care provider for that service.

I have stated all medical conditions I am aware of and will update the massage practitioner of any changes in my health status.

BENEFITS RELEASE: I authorize payment of medical benefits to Jeffrey M. Suver, D.C. for services rendered. I authorize release of my medical information or other **NECESSARY** information to process a claim for payment.

Signature: _____ **Date:** _____